FOOD SERVICE REPORT MAR 2021

National Nutrition Month® is an annual campaign created by the Academy of Nutrition and Dietetics. During the month of March, everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits.

WEEK 1:
Eat a variety of nutritious foods every day!

WEEK 2:
Plan your meals each week.

WEEK 3:
Learn new skills to create tasty meals!

WEEK 4:
Consult a Registered Dietitian Nutritionist.

For more resources, please visit **EatRight.org**.

The Nutrition Group

FRESH, NUTRITIOUS, & INNOVATIVE

CRAWFORD CENTRAL SCHOOL DISTRICT

Fueling Student Success

School Breakfast Benefits Productivity

National School Breakfast Week is March 8 - 12!

Choosing a healthy breakfast is the best way to start the day! In March, National School Breakfast Week inspires students to eat a healthy, balanced school breakfast to help them shine. Choosing foods that are rich in whole grains, fiber, and protein while low in added sugar improves students' attention span, concentration, and memory. Your district's breakfast program is designed to meet the nutritional needs of students and offers a variety of delicious options!

Purchasing News

Weather can impact the availability and price of food products. While we use local produce when the growing season is favorable, and other locally sourced foods whenever possible, there are times when we must tap into alternative suppliers. The multiple weather systems that devastated Texas in February caused a ripple effect of the availability of chicken, fruits and vegetables. Produce, such as bananas from Mexico, have also been affected due to road closures, power outages and fuel shortages. These challenges may also further complicate pricing. Your food service director, in cooperation with TNG's Purchasing Department, remains diligent in staying in contact with local produce suppliers while comparing availability and pricing to ensure that your district continues to receive quality food at optimum pricing in any weather condition.

TNG cares
THE NUTRITION GROUP

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TNG GETS Social

Students were invited to take a chance to "Score Big" with School Breakfast each day during National School Breakfast Week. A lucky breakfast bag was given away in every elementary class throughout the school district! Prizes included book marks, pencils and apple shaped notepads!

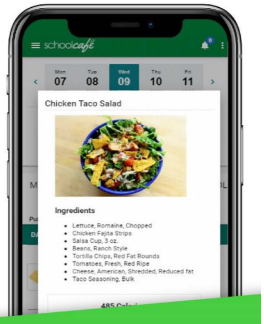
HAPPY St. Patrick's DAY

The cafeteria lunch lines were filled with a rainbow of delicious and nutritious fruits and vegetables!

schoolcafé

SEE NUTRITIONAL INFO

Check menus, see nutritional information and allergens. Students can rate and favorite menu items all from their phone.



Check Out Your Daily Menus!

To view your school menu, visit: schoolcafe.com/CrawfordCentralSD

YOUR FOOD SERVICE TEAM

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